



WILDE TRACKS

Veterinary & Research Conservation Missions



WILDE TRACKS

Conservation in Action

We operate across key conservation regions in Africa and Central America, where wildlife faces growing threats from human-wildlife conflict, habitat fragmentation, harmful superstitions, the illegal wildlife trade, and the exotic pet market.

In Africa, our work spans South Africa, Tanzania, Uganda, Namibia and Malawi, focusing on protecting vulnerable species and restoring ecosystems under pressure while empowering local communities on the importance of preserving the ecosystem.

In Central and South America, we support vital conservation efforts in Costa Rica, Guatemala, Ecuador, The Galapagos and Belize, areas rich in unique wildlife and natural heritage.

These regions urgently need support to address the complex challenges threatening both animals and the environments they depend on.

We work alongside a diverse network of professionals—wildlife veterinarians, rehabilitation specialists, marine biologists, ecologists, and wildlife forensics experts—to deliver targeted, impactful solutions. There is also the opportunity for longer internships and specific research partnerships for those looking to contribute more deeply to our work.

Each year, we grow our reach, forming new partnerships and helping more species recover and thrive in the wild.



WildTurtle

COSTA RICA

Step into the world of marine conservation in Costa Rica, aiding in sea turtle research and coastal wildlife care to protect these species through every life stage.



COSTA RICA



WildeTurtle

Join a meaningful sea turtle conservation project in Costa Rica, where you'll work alongside a qualified biologist at a beachside research site. You'll help collect vital data on population structure, genetic origin, and in-water habitats of endangered sea turtles. Full-board meals and accommodation are provided in a welcoming local community right on the beachfront. Your hands-on role includes participating in the rehabilitation of injured or ill turtles, and learning essential research methods such as restraint, measuring, weighing, microchipping, and collecting tissue and blood samples, while also checking for any injuries or abnormalities. You'll also contribute to mangrove development and replanting efforts, which are crucial to supporting turtle foraging grounds. Take to the water for full-day passive turtle catching to support data analysis shared across conservation networks in Central and South America. Beyond the fieldwork, you'll engage with the local community's initiatives in recycling, education, and women's empowerment. You may also have the chance to be involved in unique night-time water collection studies if scheduled.

When: Available Year Round as a 7, 11 or 14 day itinerary

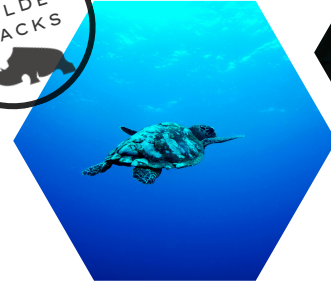
Where: Osa Peninsula, Costa Rica

Open to: Open To Any With A Passion For Conservation

[Discover More](#)



COSTA RICA



7 Day Itinerary

DAY 1

Welcome to Costa Rica – The Journey Begins: Touch down in San José, Costa Rica's vibrant capital, before boarding a scenic domestic flight to the breathtaking Osa Peninsula. As you soar above lush rainforests and dramatic coastlines, the adventure begins in the sky. Upon landing, meet your turtle conservation team — a passionate group of biologists and volunteers who will become your family for the week. Settle into your beachfront accommodation and take your first breath of fresh ocean air as the sun sets over the Pacific.

DAY 2 - 6

Dive Into Turtle Conservation & Coastal Living; Get ready to roll up your sleeves and make a real impact. For the next five days, you'll join a hands-on sea turtle conservation project alongside experienced marine biologists on one of Costa Rica's most important turtle beaches.

 Your Mission Includes:

- Collecting crucial data on sea turtle population, genetics, and habitats
- Assisting with rehabilitation of injured turtles — learn to measure, weigh, microchip, and conduct health checks
- Participating in in-water turtle catching expeditions (non-invasive), a thrilling full-day adventure
- Helping restore vital ecosystems through mangrove replanting
- Supporting local sustainability through recycling initiatives, education programs, and women's empowerment projects

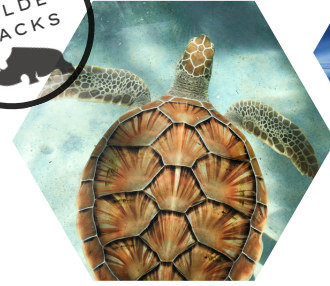
Depending on the schedule, you may also join night-time water studies, helping gather rare behavioral data under the stars.

DAY 7

Farewell (For Now): Say goodbye to your new friends (human and turtle alike) and catch a return flight to San José. From there, connect to your international flight — or continue your Costa Rican adventure. Whether you're heading home or diving deeper into the wild beauty of this country, you'll leave with unforgettable memories, new skills, and a heart full of purpose.



COSTA RICA



11 Day Itinerary

DAY 1

Arrival and Stay in San José: Kick off your journey with a relaxing stay in Costa Rica's bustling capital, where rich culture and vibrant energy create the perfect backdrop for your upcoming adventures.

DAY 2

Isla Tortuga Day Excursion: Explore the breathtaking tropical paradise of Isla Tortuga on a full-day boat tour. Swim, snorkel, and soak in pristine beaches and crystal-clear waters.

DAY 3 - 9

Flight to Puerto Jiménez: Take a scenic flight from San José to Puerto Jiménez, the gateway to your sea turtle conservation experience on the Osa Peninsula.

Sea Turtle Conservation Work: Join in water hands-on efforts alongside qualified biologists, helping collect crucial data, assist in rehabilitation, and support research to protect endangered sea turtles on Costa Rica's Pacific coast.

Head To The Capital: Your final morning on the Osa Peninsula is a chance to savor the peaceful energy of the rainforest before heading to the airstrip for your scenic flight back to San José. Upon arrival in the capital, enjoy a restful stay in your private room.

DAY 10

Poás Volcano, Waterfall & Coffee Tour: Experience the stunning volcanic landscapes of Poás Volcano National Park, visit majestic waterfalls, and tour a local coffee farm to learn about one of Costa Rica's most famous exports.

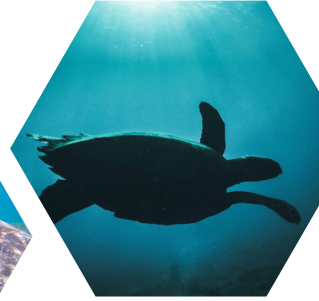
DAY 11

Time to Depart: Enjoy a relaxed final morning in San José. Depending on your flight time, take a short walk, have breakfast at the hotel, or pick up any last-minute souvenirs. When ready, transfer to SJO Airport to catch your international flight home — or continue your journey through beautiful Costa Rica.



COSTA RICA

14 Day Itinerary



DAY 1

Arrival and Stay in San José: Kick off your journey with a relaxing stay in Costa Rica's bustling capital, where rich culture and vibrant energy create the perfect backdrop for your upcoming adventures.

DAY 2

City Tour in San José: Begin your trip with a guided city tour of Costa Rica's vibrant capital. Explore historic landmarks, museums, colorful markets, and lively neighborhoods to get a true feel for the culture and charm of San José.

DAY 3

Isla Tortuga Day Excursion: Explore the breathtaking tropical paradise of Isla Tortuga on a full-day boat tour. Swim, snorkel, and soak in pristine beaches and crystal-clear waters.

DAY 4

Poás Volcano, Waterfall & Coffee Tour: Experience the stunning volcanic landscapes of Poás Volcano National Park, visit majestic waterfalls, and tour a local coffee farm to learn about one of Costa Rica's most famous exports.

DAY 5 - 11

Flight to Puerto Jiménez: Take a scenic flight from San José to Puerto Jiménez, the gateway to your sea turtle conservation experience on the Osa Peninsula.

Sea Turtle Conservation Work: Join in water hands-on efforts alongside qualified biologists, helping collect crucial data, assist in rehabilitation, and support research to protect endangered sea turtles on Costa Rica's Pacific coast.

DAY 12

Local Coffee Tour: Discover the rich heritage of Costa Rican coffee on a guided tour of a local coffee farm. Learn about the coffee-growing process from bean to cup, and enjoy tastings of freshly brewed coffee.

DAY 13

Corcovado Day Hike Tour: Embark on an unforgettable guided day hike through Corcovado National Park, known as one of the most biodiverse places on Earth. Explore lush rainforest trails, spot exotic wildlife, and immerse yourself in pristine natural beauty.

DAY 14

Time to Depart: Your final morning on the Osa Peninsula is a chance to savor the peaceful energy of the rainforest before heading to the airstrip for your scenic flight back to San José. Upon arrival in the capital, connect to your international departure or continue your travels through this incredible country.

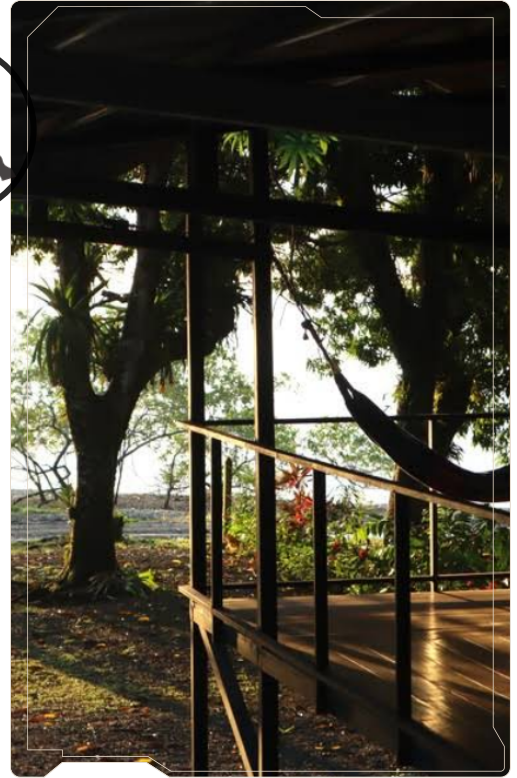


COSTA RICA



WildeTurtle

Enjoy three delicious, locally inspired meals each day while staying in a beachfront hotel. Rooms are twin-share, featuring air conditioning, private bathrooms, and often a private balcony. Amenities include Western-style toilets, hot water showers, and all bedding provided. Please note: alcohol, snacks, and towels are not included.



Part of the Package

- Enjoy full-board and comfortable accommodation surrounded by nature at the Research Camp
- Private room with ensuite in modern hotel during San Jose stays
- Airport transfers to and from San Jose Airport + Puerto Jimenez Airport
- Domestic flight from San Jose to Puerto Jimenez
- Excursions as per chosen itinerary
- Wifi
- Insurance liability for operations
- English speaking coordinator
- Pre, during and post support from Wilde Tracks



What You'll Need to Cover

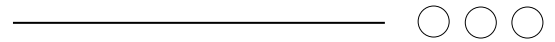
- Travel insurance (mandatory)
- Alcohol, snacks + souvenirs
- International flights
- Tourism visa (if applicable)





WILDE TRACKS

Supporting Conservation



At Wildlife Tracks, we believe everyone has the power to make a meaningful impact in conservation.

When you join one of our missions, you're not just going on an adventure — you're becoming part of a real, boots-on-the-ground conservation effort. Your conservation contribution directly funds:

- Life-saving veterinary care
- Medical supplies, collars, tags, and satellite tracking
- Helicopter time, fuel, and essential field logistics
- Animal feed, rescue, rehabilitation, and release operations
- Ongoing scientific research and data collection
- Habitat restoration and anti-poaching efforts

Each program is led by seasoned professionals — from wildlife veterinarians, ecologists, and biologists to forensic experts, legal professionals, forensic entomologists, and survival/tracking specialists — ensuring your experience is meaningful, educational, and impactful.

By joining a Wildlife Tracks mission, you're helping protect endangered species, restore ecosystems, and drive sustainable, long-term conservation.

Thank you for being part of something that truly matters.



WILDE TRACKS

Your Adventure Awaits



Ready to join a mission?

Follow the link below to explore all available missions and secure your spot.

[View Missions & Book Now](#)

- A deposit holds your place
- Payment plans are available to make it easier to budget

Once booked, you'll receive a Pre-Departure Information Pack that covers:

- What to expect on your mission
- What to pack
- Detailed info about the program and the country you'll be visiting
- A dedicated WhatsApp group with your fellow mission participants to connect, share questions, and coordinate before, during, and after your journey.

You'll also receive comprehensive support from Wilde Tracks and our local partners before, during, and after your trip, and after your mission, you will receive a Certificate of Recognition for your valuable contribution to conservation.

Contact for 2027 Missions



We're Here to Guide You

Need Help Choosing the Right Mission?

Not sure which experience is the best fit for you, or have specific questions?

We're here to help every step of the way.

Email us at: info@wildetracks.com

At Wilde Tracks, we proudly stand behind every mission we offer — each one personally experienced and carefully vetted by our team to ensure both your safety and the unforgettable impact of your journey.

*Join the Wilde Tracks Community
+ See the Adventure in Action*

